

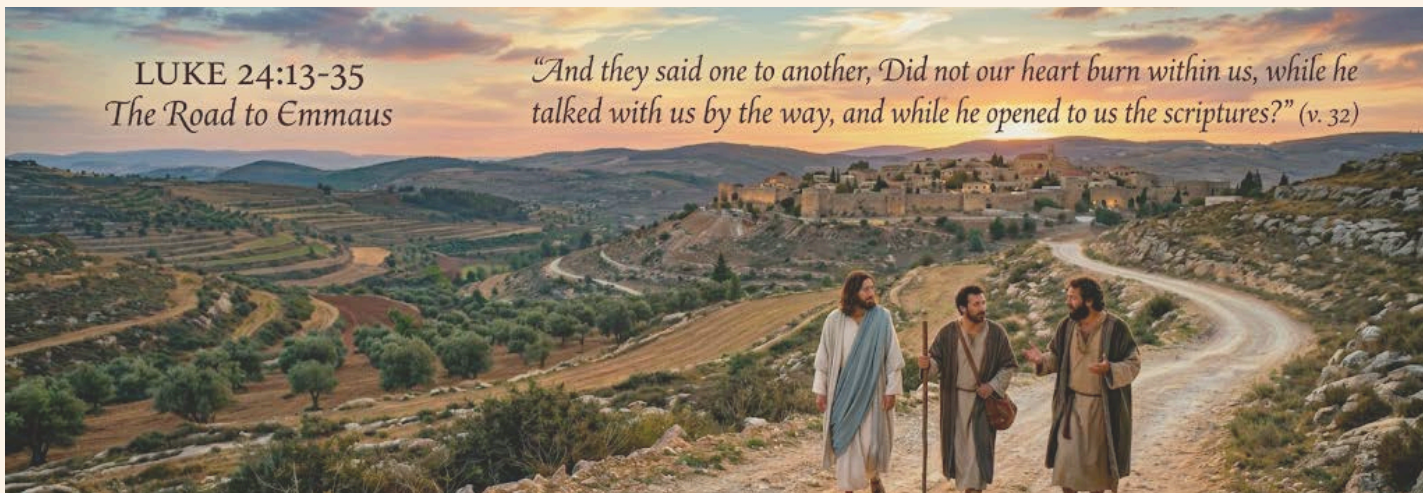


Bukás Loób sa Diyós **(Open in Spirit to God)**

CATHOLIC CHARISMATIC COVENANT COMMUNITY
DISTRICT OF TORONTO

LUKE 24:13-35
The Road to Emmaus

“And they said one to another, Did not our heart burn within us, while he talked with us by the way, and while he opened to us the scriptures?” (v. 32)



MESSAGES FROM THE DCS

- The Word Sharing Circle (WSC) is back! Join us every 2nd and 4th Friday after Praise & Worship. Don't forget to bring your Living with Christ. The Sunday Readings and the full CSL Reflections & Guide Questions are included in the broadcast.
- Please be advised that the church side door will be closed at 8:00 PM for security reasons. After this time, the door can only be opened from the inside. If you are locked out, kindly contact someone inside the hall to let you in.

Help Not Harm Bill update from Frank Cardinal Leo, Archbishop of Toronto:

- Thank you to parishes and communities supporting the Help Not Harm campaign and Bill C-218. With the vote delayed, please continue encouraging messages to MPs via HelpNotHarmCanada.ca through end of April. (see our Broadcast for full announcement.)

UPCOMING EVENTS

- **Praise & Worship**
Fridays, April 17 & April 24 at OLA Hall
- **Teachers Development Program (TDP)**
Saturday & Sunday, April 18 & 19 8am at St. Joseph in Guelph
- **LSS#42 Grand Reunion**
Saturday, April 25 at 10a at OLA Hall
- **Teaching: Basic Commitment and Charismata/Motivational Gifts Inventory**
Saturday, April 25 at 12:00 PM OLA Rm. 3
- **Teaching: Fraternal Correction & Repairing Wrongdoing**
Saturday, April 25 at 12:00 PM OLA Rm. 4

COMMUNITY WORD

We rejoice in the Risen Christ, our Living Hope, who leads us to eternal life.

THEME

We rejoice in the Risen Christ who opens our hearts to Scripture and His presence in the Eucharist.

PROMISE

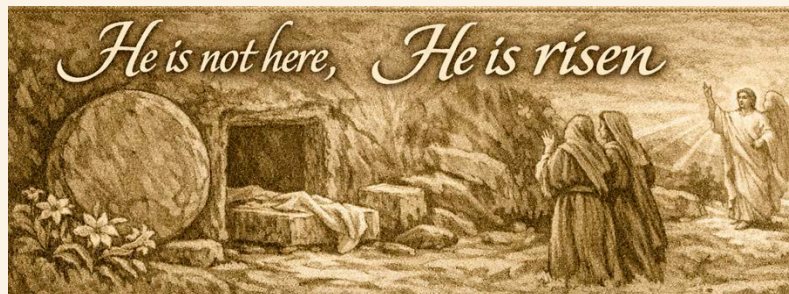
“You show me the path of life. In your presence there is fullness of joy; in your right hand are pleasures forevermore.” (Ps 16:11)

ORDER

1. ***“...bless the Lord who gives me counsel...”*** (Ps 16:7))
2. ***“...keep the Lord always before me.”*** (Ps 16:8)
3. ***“invoke...according to each one’s deeds...”*** (1 Pt 1:17)

DIRECTION

1. Live in hope as you listen to Jesus.
2. Seek the path of life where God leads us to.
3. Revere the Lord through the Sacrament of the Eucharist.



CSL REFLECTION (ABRIDGED)

For the **Third Sunday**, our **theme** is: **We rejoice in the Risen Christ who opens our hearts to Scripture and His presence in the Eucharist.** The Gospel reminds us that the Risen Christ continues to reveal Himself to His disciples, especially through the Word and the breaking of the bread. Like the disciples on the road to Emmaus, our hearts are set aflame as we read and reflect on the Scriptures and, more importantly, we come to recognize Him in the Eucharist. In these encounters, Christ draws us into deeper communion with Him. At times, we walk through life confused, discouraged, or uncertain. Yet Jesus walks with us, even when we fail to recognize His presence. He speaks through Scripture, illuminating our path and guiding us toward the fullness of life. He nourishes us in the Eucharist, strengthening us for the journey and renewing our joy. We are called to listen attentively to His Word and approach the Eucharist not as routine, but as a living encounter with Christ who transforms our hearts and leads us forward in faith. Because says to us in His promise: ***“You will show me the path to life, abounding with joy in your presence, the delights at your right hand forever;”*** (Ps 16:11). (see p7 for full version.)

Reflection Guide Questions:

- How have I experienced the Risen Christ opening my heart through Scripture and the Eucharist in my journey in community?
- What concrete steps can I take to deepen my encounter with Jesus in the Word and in the Eucharist this week?



The Resurrection of the Lord: May this month be defined by the hope, new life, and victory we have through the Resurrection of Christ Jesus.



ANNOUNCEMENTS FROM THE MINISTRIES

TEACHING

“Instruct the wise, and they will be even wiser. Teach the righteous, and they will learn even more.” (Proverbs 9:9)

The first Inter-District Teachers Development Program (TDP) will be held on April 18 and 19, 2026 at St. Joseph School in Guelph. This event will be attended by teachers in process (TIP) and current teachers willing to upskill from BLD Toronto, BLD Guelph, BLD Rochester and BLD Mississauga.

This is a collaborative effort of the BLD Academy and the Teaching Team of BLD Toronto and BLD Mississauga. Please pray for a spirit-filled, joy-filled and fruitful TDP.

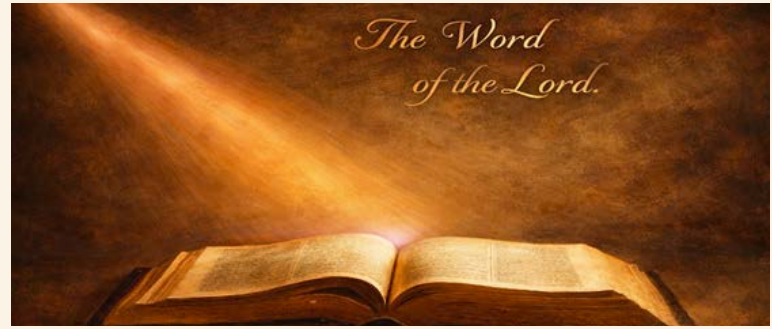
MISSION

- **The Breaking the Yoke of Poverty (BYOP) Ministry** has started collecting Lenten card donations to support the BYOP Scholarship of Hope program for the needy children in our home country, the Philippines. You can remit your donation via etransfer. Indicate ‘Lenten Cards donation’.

Email: bldtorontotreasury@yahoo.com

Security Question: who is my first teacher?

Answer/Password: Jesus1



COMMUNITY PRAYER

Lord Jesus, You said that all will know we are Your disciples by our love for one another. You prayed that your disciples may all be one, just as You and the Father are one.

We ask, Lord, to grant us that same unity of heart and mind so that, in You, we may also be one with the Father.

Lord, we have a covenant with You to follow Your commandments, especially loving one another and living in unity. Let your Holy Spirit flow freely into our hearts and minds, so that we may share in that mutual love between You and the Father.

Let harmony reign in our community life and activities, and may we always accept one another, forgive each other, and see each other with Your eyes, Lord Jesus. Then, we will truly experience the fruits of unity and merit in our midst, Your amazing presence.

Help us to be holy as You are holy, to sincerely love one another as You have loved us. Remind us always to lift our hearts in prayer. Nourish us by Your word and strengthen us through the Sacraments.

Make us one, Lord Jesus, for it is good and pleasant when we dwell as one, and there You will lavish blessings upon us. In Your Mighty Name, we pray. Amen.

Most Sacred Heart of Jesus, we trust in your love. Immaculate Heart of Mary, pray for us. St. Joseph, pray for us.

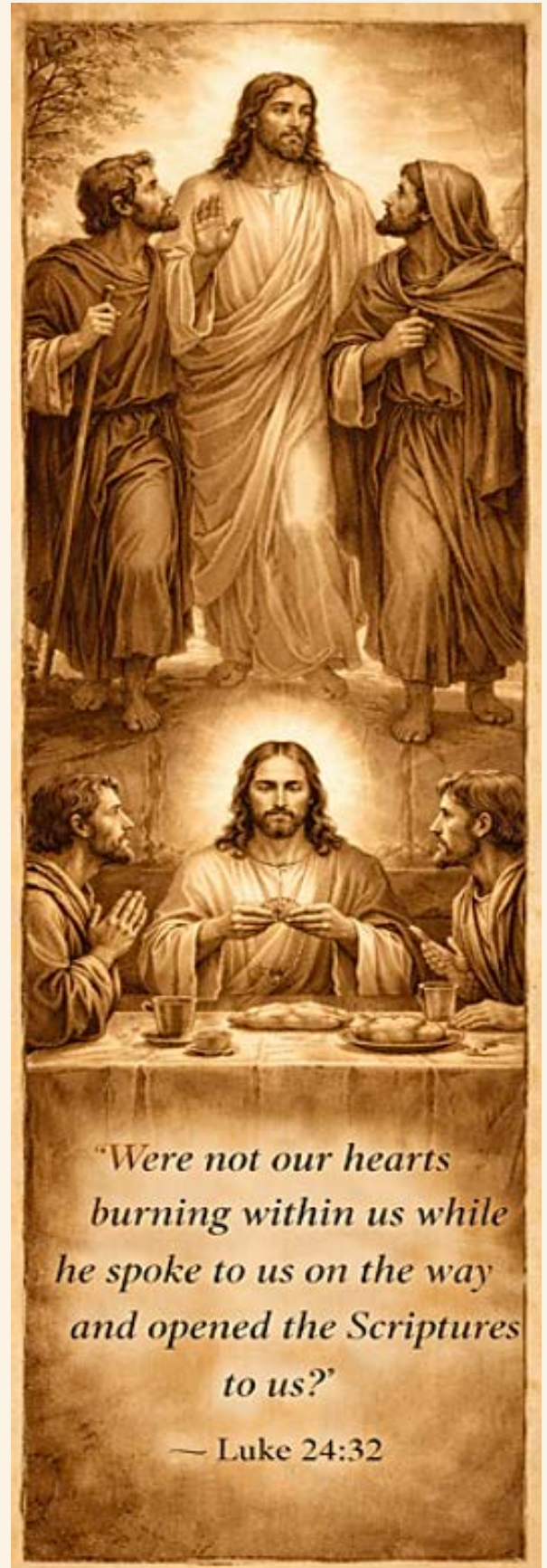
FROM THE MINISTRIES *(cont'd.)*

SINGLES

- The Singles Encounter #26 is closely approaching. We invite individuals, 19 years old this year or older and have never been married, to join us on June 12-14, 2026, at The Valley of the Mother of God in Orangeville for a spiritual retreat to get away from the busyness of life and into peace of mind with the Lord. Register using the link: <https://bit.ly/SEW-26> or scan the QR Code on the attached flyers. You can also reach us at bldtorontosingles@gmail.com for any questions you may have.

For SE#26 Registration inquiries, please visit the recruitment table every Friday, starting on Friday April 24, 2026 at OLA Hall.

The Singles Ministry is planning a fundraising event for Mother's day to raise money for the upcoming SE#26. We will be selling roses on Friday May 9, 2026 to celebrate Mother's day.



GENERAL INFORMATION

DCS

- In response to the request raised at the last Disciples meeting, we have prepared a summary of free and confidential support available to help our members navigate the practical, legal, and emotional challenges that can follow the loss of a loved one. This brief guide highlights no-cost or low-cost services in Toronto that BLD members can refer to on for both (1) clear steps to take after the passing of a spouse—including estate administration and access to brief legal advice—and (2) counselling and grief-support options. A quick ‘how to use’ notes and direct source links are included to make it easy for anyone to find the help they need. This information is uploaded on our website for access.
- Our community continues to grow, and your voice matters. We’ve created a new email where you can share your thoughts, ideas, and feedback:
bldtorontosuggestionbox@gmail.com You may include your name or remain anonymous—though adding your name helps us follow up when needed. All submissions will be kept confidential. For those who prefer the traditional method, our physical Suggestion Box remains at the hall entrance. Let’s work together to build a stronger, more connected community.

INTERCESSORY

Everyone is invited to our Community Intercession every Monday evening at 7:30 PM via Zoom, except on the 1st Monday of the month and on holidays. Pls. see below for Zoom details note that we have new Passcode:

Meeting ID: 812 7532 6147

Passcode: 2026357

Please write clearly on your petition forms, especially names, so that the intercessors can read your handwriting.

SECRETARIAT

Please make sure to scan your ID before Praise and Worship every week or sign-in your attendance for safety and security purposes in case of emergency.

Kindly advise the Secretariat by emailing bldtorontosecretariat01@gmail.com if you know of any member who does not receive the weekly DCS broadcasts. Help us to keep all members well informed of community events.

TREASURY

All 2025 tax receipts have been mailed out. To set up an Interac e-transfer for their love offerings, please see the information below:
Email: bldtorontotreasury@yahoo.com

Security Question: who is my first teacher?

Answer/Password: Jesus1

Once Jojie Abellanosa (Treasurer) receives your e-transfer, expect a confirmation email coming from her (not from your bank), otherwise please email her at the above-noted email address.

CONTACT US

BUKAS LOOB SA DIYOS COVENANT COMMUNITY, TORONTO DISTRICT

bldtorontosecretariat01@gmail.com

2565 Bathurst St., Toronto, ON M6B 2Z3

SUNDAY READINGS

April 19, 2026 - Third Sunday of Easter - The Road to Emmaus (Cycle A, Year II)

1st Reading - Acts 2:14, 22b-28

When the day of Pentecost had come, Peter, standing with the eleven, raised his voice and addressed the crowd, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know — this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law.

"But God raised him up, having freed him from death, because it was impossible for him to be held in its power. For David says concerning him, 'I saw the Lord always before me, for he is at my right hand so that I will not be shaken; therefore my heart was glad, and my tongue rejoiced; moreover my flesh will live in hope. For you will not abandon my soul to Hades, or let your Holy One experience corruption. You have made known to me the ways of life; you will make me full of gladness with your presence.'"

Psalm 16

R: Lord, you will show me the path of life.

Protect me, O God, for in you I take refuge. I say to the Lord, "You are my Lord; I have no good apart from you." The Lord is my chosen portion and my cup; you hold my lot. **R.**

I bless the Lord who gives me counsel; in the night also my heart instructs me. I keep the Lord always before me; because he is at my right hand, I shall not be moved. **R.**

Therefore my heart is glad, and my soul rejoices; my body also rests secure. For you do not give me up to Sheol, or let your faithful one see the Pit. **R.**

You show me the path of life. In your presence there is fullness of joy; in your right hand are pleasures for ever more. **R.**

2nd Reading - 1 Peter 1:17-21

Beloved: If you invoke as Father the one who judges each person impartially according to each one's deeds, live in reverent fear during the time of your exile.

You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish.

Christ was destined before the foundation of the world, but was revealed at the end of the ages for your sake. Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God.

Gospel - Luke 24:13-35

On the first day of the week, two of the disciples were going to a village called Emmaus, about eleven kilometers from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him.

And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?"

He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a Prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of Angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him."

Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the Prophets have declared! Was it not necessary that the Christ should suffer these things and then enter into his glory?"

Then beginning with Moses and all the Prophets, he interpreted to them the things about himself in all the Scriptures. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them.

When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight.

They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the Scriptures to us?"

That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. These were saying, "The Lord has risen indeed, and he has appeared to Simon!"

Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

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CSL WSC REFLECTION GUIDE

April 19, 2026 (Cycle A, Year II) – 3rd Sunday of Easter

OUR EMMAUS JOURNEY

Reflection:

The Third Sunday of Easter invites us to rejoice in the Risen Christ who continues to reveal Himself to us through Scripture and in the Eucharist. The Gospel of the disciples on the road to Emmaus presents an image of how the Lord accompanies His people even in moments of confusion, disappointment, and uncertainty. The disciples were walking away from Jerusalem, burdened by shattered hopes and unanswered questions. Yet, unknown to them, Jesus was already walking beside them. He listened to their struggles, explained the Scriptures, and gradually opened their hearts to understand God's saving plan. This encounter reminds us that the Jesus remains present in our daily journey, especially when we are discouraged or searching for meaning.

Like the disciples, we too experience moments when we fail to recognize the Lord's presence. We may become overwhelmed by trials, distracted by worldly concerns, or spiritually lukewarm in our faith. Yet the Lord patiently walks with us and speaks to us through His Word. When we listen attentively to Scripture, our hearts are gradually enlightened. The Word of God clarifies our doubts, renews our hope, and strengthens our trust in His providence. As followers of Christ, we are called to cultivate a listening heart – one that welcomes the Word in prayer, reflects on it in community, and allows it to shape our thoughts, attitudes, and decisions. As we share the Word together, we help one another recognize the Lord's presence and discern His movement in our lives.

The Emmaus encounter reaches its fullness in the breaking of the bread. The disciples recognized Jesus when He blessed, broke, and shared the bread with them. This moment points us to the Eucharist, where the Risen Christ becomes truly present and nourishes us with His very life. The Eucharist is not merely a routine activity that we attend; it is a living encounter with Christ who strengthens us for mission. When we approach the Eucharist with faith and reverence, our hearts are transformed, our joy is renewed, and our commitment to discipleship is deepened. From this encounter, like the disciples, we are moved to rise immediately and return to the community to proclaim that the Lord is truly alive.

As a covenant community, we are called to be people formed by the Word and nourished by the Eucharist. Our rejoicing in the Risen Christ must lead to action – growing in fidelity to prayer, participating fully in the Eucharistic celebration, and witnessing to others the joy we have received. When we allow the Lord to open our hearts to Scripture and recognize Him in the Eucharist, we are guided toward the fullness of life He desires for us. In this way, we confidently hold on to His promise: “You will show me the path to life, abounding with joy in your presence, the delights at your right hand forever” (Ps 16:11). The Risen Christ leads us on this path, filling us with lasting joy as we remain in His presence and faithfully share His life with others.

Prayer:

Risen Lord Jesus, walk with me in my journey, especially in moments of confusion and doubt. Open my heart to understand Your Word and set it aflame with love for You. Help me recognize Your living presence in the Eucharist and receive You with faith and reverence. Renew my joy and strengthen me to witness to others that You are alive. Lead me on the path to life and keep me always in Your presence. Amen.